

Secret Intelligence Service

Operative Field Skills

Knife Techniques - Myths Dangerous to Life



There is a wide variety of specialists and instructors in possession of a short blade. Everyone has something to offer, but the knowledge of any of them is riddled with blanks. Many fans of traditional martial arts have no idea about the harsh realities of streets, the truth about which we can tell. Soldiers with combat experience and seasoned intelligence officers may not understand the theoretical foundations of force counter-measures that traditional martial artists are familiar with. Many prisoners only possess the killer's instinct.

Many soldiers have combat experience, but they do not know the technique. Each of them must learn from others in order to develop an integrated and efficient system, the technique and practice of knife fighting.

During any preparation for street fighting, in-depth studies in the fields of phobias and conflicts, combat and military psychology are essential.

Leading blocks are methodological techniques for the precise development of a number of specific aspects of combat. They can serve to develop sensitivity, speed and coordination of movements. Their place in training practice is difficult to overestimate, but on the other hand, they develop a certain stereotype and fixation on the practice of leads. In the conditions of the fight you will have only 2-3 seconds to make the right decision. Do not allow the practice of routine practice to be programmed at the level of muscle memory - only effective capture can save your life.

On the belief in the existence of a deadly grip knife

"If someone is holding a knife like this, with a direct / reverse grip, - beware, the guy really knows what he's doing."

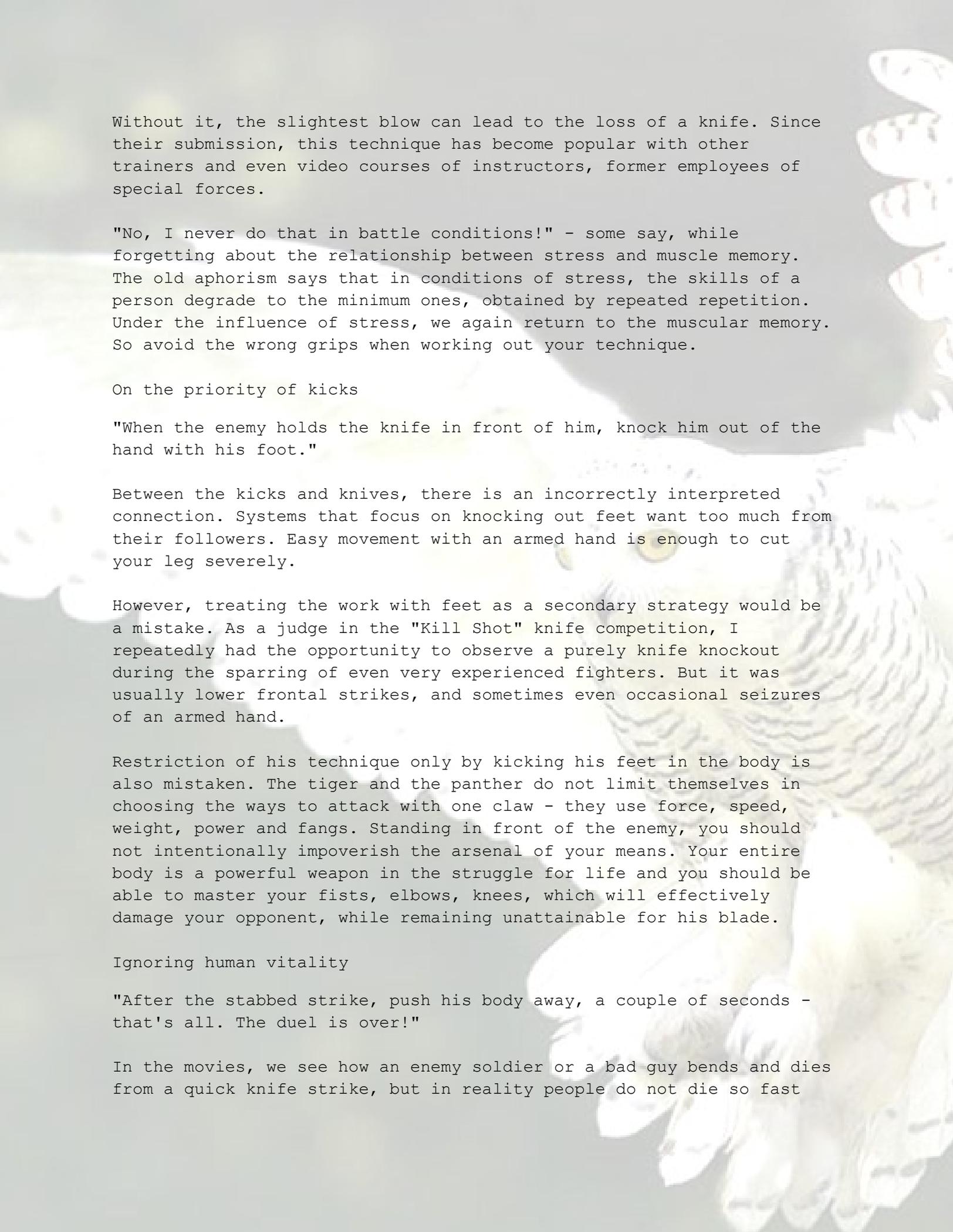
There is no perfect grip, there is the most convenient for a specific combat situation. Sometimes the most convenient is the straight line, sometimes the reverse one. Therefore experienced fighters sometimes change their grip on the battle. Especially when one-blade blade is in the hand - depending on the conditions, it even has to rotate in the hand, placing the blade in the desired plane.

Thumb up

"Practice cutting strokes according to these angles".

A number of Filipino teachers who travel around the country with seminars are highly respected. And there is reason for that. They are actively imitated, but it is important that they are not repeated and their mistakes. One of these errors is the protruding thumb with a straight grasp of the knife to illustrate the direction of movement of the blade. It seems to me that the masters do not even realize that they are doing this.

The thumb is about 60% of the effective grip area on the handle.



Without it, the slightest blow can lead to the loss of a knife. Since their submission, this technique has become popular with other trainers and even video courses of instructors, former employees of special forces.

"No, I never do that in battle conditions!" - some say, while forgetting about the relationship between stress and muscle memory. The old aphorism says that in conditions of stress, the skills of a person degrade to the minimum ones, obtained by repeated repetition. Under the influence of stress, we again return to the muscular memory. So avoid the wrong grips when working out your technique.

On the priority of kicks

"When the enemy holds the knife in front of him, knock him out of the hand with his foot."

Between the kicks and knives, there is an incorrectly interpreted connection. Systems that focus on knocking out feet want too much from their followers. Easy movement with an armed hand is enough to cut your leg severely.

However, treating the work with feet as a secondary strategy would be a mistake. As a judge in the "Kill Shot" knife competition, I repeatedly had the opportunity to observe a purely knife knockout during the sparring of even very experienced fighters. But it was usually lower frontal strikes, and sometimes even occasional seizures of an armed hand.

Restriction of his technique only by kicking his feet in the body is also mistaken. The tiger and the panther do not limit themselves in choosing the ways to attack with one claw - they use force, speed, weight, power and fangs. Standing in front of the enemy, you should not intentionally impoverish the arsenal of your means. Your entire body is a powerful weapon in the struggle for life and you should be able to master your fists, elbows, knees, which will effectively damage your opponent, while remaining unattainable for his blade.

Ignoring human vitality

"After the stabbed strike, push his body away, a couple of seconds - that's all. The duel is over!"

In the movies, we see how an enemy soldier or a bad guy bends and dies from a quick knife strike, but in reality people do not die so fast

and can continue to fight for their lives for a long time. In a state of affect, they simply did not notice that they were already dead.

Naive instructors, proud of the imaginary effectiveness of their knife techniques, misinform the trainees about how quickly their potential victims will fall into shock and horror after the first slightest cut. At the same time, they completely ignore the need to teach the trainee elementary skills of self-preservation after an effective attack.

Everyone knows about chickens who continue to run with their head cut off. Experienced policemen and soldiers never release the enemy's armed limb until they feel completely safe. Never wait for an opponent to make you feel good and crash unconscious as soon as you cut it or rub it.

Low block efficiency and disarmament when working against a knife

"Blocking and trying to disarm an opponent with a knife is suicide. Do not apply!"

During training and during the seminars, both combatants and military personnel have to study blockages and disarmament. Sooner or later there is a group of "experts" who, frightened by the well-trained demonstration of the consequences of a knife strike on a meat carcass, begin to announce that the blocks and disarmament will not be effective in a knife attack and any such attempt will result in your body resembling a demonstrated piece scraps with a monstrous cut.

Call this phenomenon 'The theory of the inexperienced fighter' - when the aggressor is not experienced enough for attacks from different angles (for various reasons, inexperience, wounds, etc.). The blocking and disarming technique, previously unavailable due to adrenaline ejection, is becoming very effective in dealing with a weakened and inexperienced rival.

And what do these experts offer for corrupt meat cuttings? Surrender and die? You can fight for your life - fight. If the paths to retreat are cut off, there is still no other way out.

Ignoring the realities of knife fight

When you fight with a knife, you mutilate and kill. You kill at the moment when an unsuccessful combination of circumstances forces you to pierce and rip open human flesh, cutting and dumping out the smelling, red and trembling human organs of the enemy. If you train with a

knife, carefully guarding yourself against this truth, you will forever remain an immature imitator playing with rubber toys.

Knife fight - an evil, bloody and ugly occupation.

(C-I)

Room No. 15

Secret Intelligence Service

Notes - Knife Techniques III

Operative Field Skills (Mental and Physical)

Adversitate. Custodi. Per Verum

