

Secret Intelligence Service

Operative Field Skills

Room No. 15

Squaring off with a knife

The proper fighting stance provides the most comfortable position for attack and defense in the battle.

Three main units - front, left-sided and right-sided.

Front - legs placed shoulder-width apart, knees slightly bent. The knife is in the right hand. Often this is an intermediate stance by changing and moving or movements in the course of the match. This stance is often used for covert and surprise attack on the enemy.

Left foot - left leg is exposed forward, the knife in the right hand. Knees slightly bent. Body weight is evenly distributed on both feet.

Right side front - right is leg exposed forward, the knife in the right hand. Knees slightly bent. Body weight is evenly distributed on both feet.

Given the use of the knife, which can be placed in either the left or right hand, and left-sided and right-sided stance can be the same and opposite.

The same sided Front - right foot forward, knife in the right hand.

Oppositely left foot - left foot forward, knife in the right hand.

The same name-sided rack with a knife, hidden from the enemy.

Of opposite left-hand post with a knife, openly exhibited by the enemy.

The advantage heteronymic rack - it is much more difficult opponent to grab your hand with a knife; to defend and counter,

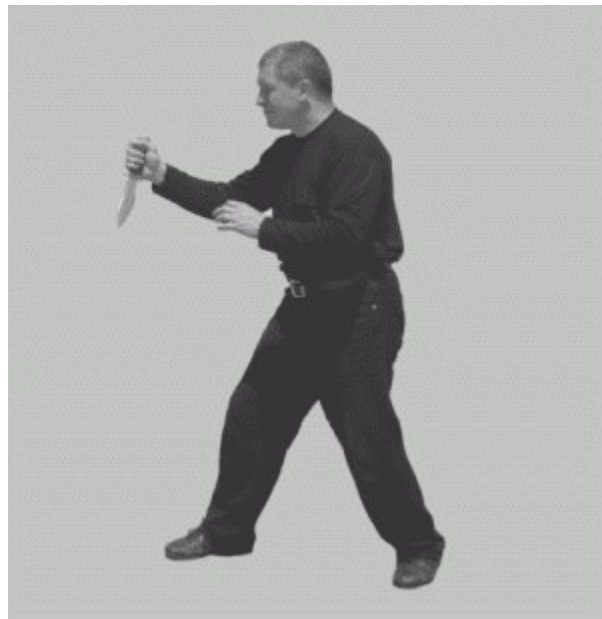
you can use the left arm and body.

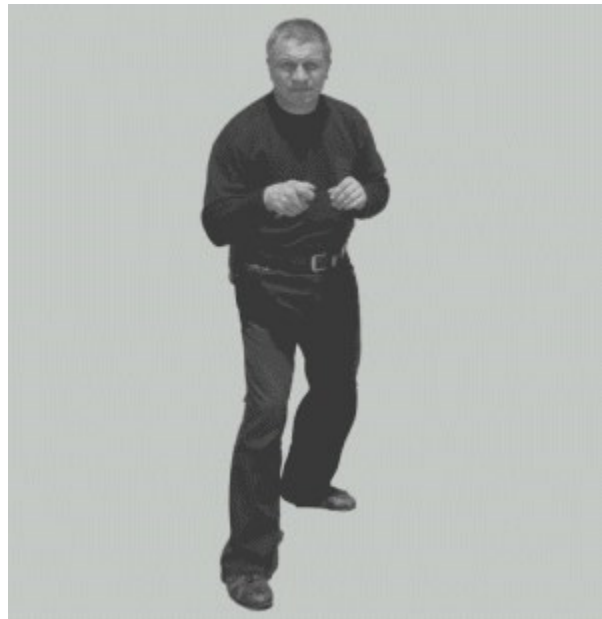
All knife fighting - weight may be transferred to any foot distance between the legs may be different and depends on the situation.

For example, in the attack, with a lunge forward, the distance between the feet can be maximized

- The same sided rack with lunge.









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C-I

Adversitate. Custodi. Per Verum